

NCWSA Women's Regatta  
August 25, 2018  
North Coast Women's Sailing Association  
Edgewater Yacht Club, Cleveland OH

# SAILING INSTRUCTIONS

## 1 RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The rules and policies of Edgewater Yacht Club (EWYC) and North Coast Women's Sailing Association (NCWSA) apply to all participants and their crew members.
- 1.3 PHRF SS rules and rulings may apply to PHRF and JAM fleets. One-Design class rules may apply to designated One-Design fleets.
- 1.4 Racing rule(s) 41, A4.2, A5, A9 and Race Signals AP will be changed. The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.
- 1.5 US prescriptions to RRS 60, 63.2 and 63.4 will not apply.
- 1.6 US Sailing prescription Appendix T, Sections A and C will apply.
- 1.7 RRS 63.7 will be replaced by: "If there is a conflict between a rule in the notice of race and one in the sailing instructions, the sailing instructions shall apply."
- 1.8 To the extent allowed under rule 87, class and fleet rule(s) may be changed as follows: The use of marine VHF radios, Loran and GPS is permitted; there will be no class membership requirements; there will be no weight restrictions.

## 2. ELIGIBILITY AND ENTRY

- 2.1 The races are open only to women crews who have completed the required forms, liability waivers, and paid registration fees to the Organizing Authority by 1800 (six PM) on August 24, 2018.

## 3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on the Edgewater Yacht Club patio.
- 3.2 Signals made ashore will be displayed on the Edgewater Yacht Club flagpole north of the clubhouse. Flag AP with two sound signals (one sound when lowered) means "The race is postponed. Leave the harbor area at your own risk." The warning signal for the first start will be made not less than 60 minutes after AP displayed ashore is lowered.

## 4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted not less than 0800 (eight AM) on the day it will take effect.

## 5. SCHEDULE OF RACES

- 5.1 Races will be held for all fleets/divisions and classes on Saturday, August 25, 2018.
- 5.2 First warning of the first race shall be at 0955 (nine fifty five AM). Warning for subsequent races will be shortly after preceding race has finished. No warning shall be made after 1530 (three-thirty PM). One race shall constitute a series.
- 5.3 Preliminary fleets and flag assignments are shown in Exhibit B. Final flag assignments will be determined after registration is complete. Exhibit B does NOT constitute the starting order.

5.4 Race Committee may, at its own discretion, start multiple fleets simultaneously.

## **6. COACHING**

- 6.1 No more than one (1) coach, either male or female, is allowed on boats that normally sail with five (5) or fewer crew (including skipper). No more than two (2) coaches, male or female, are allowed on boats that normally sail with more than five (5) crew (including skipper). The Race Committee, in its sole discretion, whose decision is final and without appeal, shall determine the allowable number of coaches for each boat.
- 6.2 While racing, a male coach may only provide verbal coaching and may not assist the crew physically, except in an emergency (please refer to the NCWSA Coaching Guidelines for further clarification on these restrictions). In the event that a male coach provides physical assistance to a boat while racing, including in an emergency, the boat shall immediately inform the race committee and take a 20% scoring penalty. This changes RRS 44.3.
- 6.3 If the boat owner and skipper disagree on any issue, the owner's decision will prevail.
- 6.4 This (6.1-6.4) changes RRS 41

## **7. RACING AREA AND COURSES**

- 7.1 Racing will be held on Lake Erie adjacent to Edgewater Yacht Club (EYC)
- 7.2 The diagrams in Exhibit "A" show the "dropped mark" courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.3 No later than the preparatory signal, the race committee signal boat will display the course to be sailed and the approximate compass bearing of the first leg, rounded to the nearest 10 degrees (i.e., 270 degrees will be posted as 27). This changes rule 27.1.
- 7.4 When the course is shortened at the leeward mark, the finish line will be between the race committee signal boat and the yellow finish mark. This changes rule 32.
- 7.5 The Race Committee may select to run a "shore start" course if weather conditions or other factors make such a course desirable. In this case, the Race Committee shall signal a "shore start" course by flying Code Flag L from the EWYC flagpole prior to 0800 (eight AM) on the day of the race and posting a course diagram on the official notice board

## **8. MARKS**

- 8.1 All "dropped" marks shall be inflated cylinders or tetrahedrons.
- 8.2 Windward and leeward marks shall be ORANGE. Change marks shall be YELLOW.
- 8.3 Start and finish marks shall be YELLOW.

## **9. THE START**

- 9.1 For "dropped mark" courses, the starting line will be between a staff displaying an orange flag on the race committee signal boat and the yellow mark on the port side of the race committee signal boat.
- 9.2 For "shore start" courses, the starting line will be defined in the course diagram.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.4 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 9.5 Race Committee may, at its own discretion, start multiple fleets simultaneously.

## **10. RECALLS**

10.1 Individual recall(s) will be signaled in accordance with rule 29.2. The race committee may attempt to hail boats who have not started properly on VHF radio channel 71. However, it is each competitor's responsibility to start properly. Failure of the committee boat to hail any or all boats, failure of the committee to accurately hail one or more boats, failure of a boat to hear its hail, timeliness of the hail, or the order of the boats within the hail are not valid grounds for redress.

10.2. Rule 29.3 (General Recall) is changed to read: "The affected class shall immediately clear the starting area and move to the end of the starting sequence. The First Substitute will be lowered one minute before the starting signal of the next scheduled class. The Recalled class(es) will start in their normal order of rotation after the last scheduled start.

## **11. CHANGE TO THE NEXT LEG OF THE COURSE**

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2 All mark changes relayed at the leeward mark will be made from the signal boat at its starting position.

11.3 All mark changes will be announced via VHF Channel 71 (seventy-one).

## **12. DROPOUTS**

12.1 A yacht that retires from a race, shall report to the RC by hail or VHF radio before leaving the racing area. Failure to do so may result in disqualification for races sailed that day.

## **13. THE FINISH**

13.1 For "dropped mark" courses, the finishing line will be between the staff displaying an orange flag on the race committee signal boat and the nearby yellow finish mark on the starboard side of the race committee signal boat.

13.2 For "shore start" courses, the finish line will be defined in the course diagram.

## **14. PENALTY SYSTEM**

14.1 The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

14.2 The Scoring Penalty, rule 44.3 will apply in the event that a male coach provides physical assistance to a boat while racing, including in an emergency. Rule 44.3 is modified as follows: (1) The boat need not fly a yellow flag, but shall immediately inform the race committee, and (2) the penalty applied under 44.3(c) shall be 20%.

## **15. TIME LIMITS**

15.1 If no boat has passed Mark 1 within thirty (30) minutes of the start, or if no boat finishes within ninety (90) minutes of the start, the race shall be abandoned. Failure to meet the time limits will not be grounds for redress. This changes Rule 62.1(a).

15.2 One-Design boats failing to finish within fifteen (15) minutes after the first boat of the fleet sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. This changes rules 35, A4 and A5.

## **16. PROTESTS AND REQUESTS FOR REDRESS**

16.1 Any boat intending to protest another must inform the Race Committee of their intent including the sail number of the boat protested within 10 minutes of finishing the affected race.

16.2 Protest forms are available in the EYC Chart room on the North wall. Protests must be delivered to the NCWSA Race Chair or her designated representative within one (1) hour after the RC boat docks.

16.3 Notices of protest will be posted after the ending of protest time.

16.4 Protests will be heard as soon as possible.

## **17. SCORING**

17.1 Low point scoring will be in effect.

17.2 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

## **18 RADIO COMMUNICATIONS**

18.1 All communication with the Race Committee shall be done via VHF Channel 71.

18.2 Communications between the Race Committee that may be overheard by a competitor shall not be grounds for redress. This changes Rule 62.1(a).

18.3 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones

18.4 Because critical information regarding course changes will be relayed via VHF, radios are required to be on and VHF Channel 71 monitored at all times.

## **19. AWARDS**

19.1 Awards will be presented at the regatta party following the races.

## **20. DISCLAIMER OF LIABILITY**

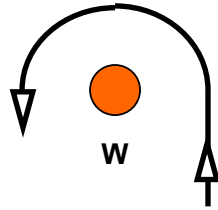
20.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors and coaches participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

20.2 The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor or coach agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

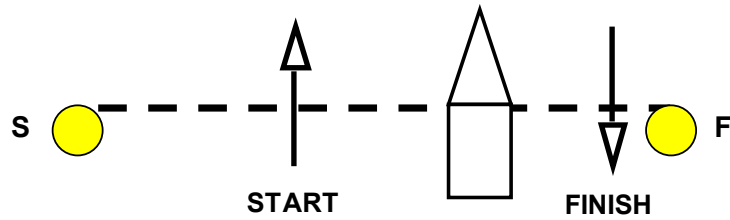
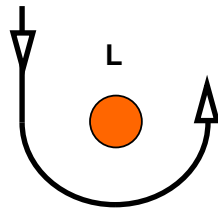
## **21. INSURANCE**

21.1 Each participating boat shall be insured with valid third-party liability insurance as required by EWYC.

# EXHIBIT “A” – Course Diagram(s)



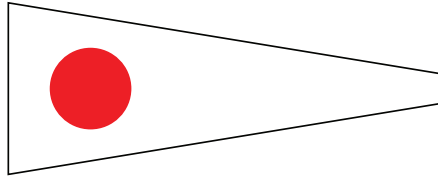
**NOT TO SCALE**



Course	Mark Sequence
“A”	Start – W(p) – Finish
“B”	Start – W(p) – L(p) – W(p) – Finish
“C”	Start – W(p) – L(p) – W(p) – L(p) – W(p) – Finish

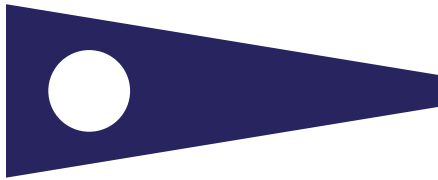
# EXHIBIT "B" – Class Flags

#1



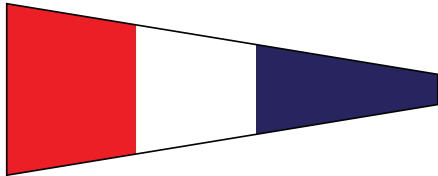
T-Ten Fleet (if needed)

#2



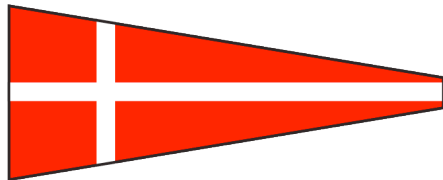
PHRF Fleet

#3



JAM Fleet

#4



One-Design (if needed)