

SAILING INSTRUCTIONS

1. RULES

- 1.1 This regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The rules and policies of Edgewater Yacht Club (EWYC) and North Coast Women's Sailing Association (NCWSA) apply to all participants and their crew members.
- 1.3 PHRF Handicaps and Class Rules shall be those assigned by PHRF South Shore; www.phrf-ss.org and of the respective One Design Class Association of a boat competing with a one design measurement certificate.
- 1.4 Racing rule(s) 41, A4.2, A5, A9 and Race Signals AP will be changed. The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.
- 1.5 US prescriptions to RRS 60, 63.2 and 63.4 will not apply.
- 1.6 US Sailing prescription Appendix T, Sections A and C will apply.
- 1.7 RRS 63.7 will be replaced by: "If there is a conflict between a rule in the notice of race and one in the sailing instructions, the sailing instructions shall apply."
- 1.8 To the extent allowed under rule 87, class and fleet rule(s) may be changed as follows:
The use of marine VHF radios, Loran and GPS is permitted; there will be no class membership requirements; there will be no weight restrictions.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located on the Edgewater Yacht Club ("EWYC") patio.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 1800 on the day it will take effect, except that changes to the schedule of races will be posted at least 48 hours prior to the affected race(s).

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole north of the EWYC patio.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in the race signal AP.

5. SCHEDULE

- 5.1 Races are scheduled on Tuesday evenings June 4 to August 27, 2019, with the exception of June 18.
- 5.2 Number of races: Multiple races may be held on any racing date, above, wind and weather permitting.
The scheduled time of the warning signal for the first race each day is as follows:
June 4, 2019 – August 13, 2019: 1900
August 21, 2019– August 27, 2019: 1830

6. CLASS FLAGS

- 6.1 Class flags will be assigned prior to the first day of racing and posted on the official notice board and as Exhibit "B" to these sailing instructions.

7. RACING AREA

- 7.1 Racing will take place on multiple courses in the open waters of Lake Erie immediately North of Edgewater Yacht Club.

8. THE COURSES

- 8.1 The diagrams in Exhibit "A" show the "dropped mark" courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the preparatory signal, the race committee signal boat will display the course to be sailed and the approximate compass bearing of the first leg, rounded to the nearest 10 degrees (i.e., 270 degrees will be posted as 27). This changes rule 27.1.
- 8.3 When the course is shortened at the leeward mark, the finish line will be between the race committee signal boat and the yellow finish mark. This changes rule 32.
- 8.4 The Race Committee may select to run a "shore start" course if weather conditions or other factors make such a course desirable. In this case, the Race Committee shall signal a "shore start" course by flying Code Flag L from the EWYC flagpole prior to 1800 on the day of the race and posting a course diagram on the official notice board.

9. MARKS

- 9.1 All "dropped" marks shall be inflated cylinders or tetrahedrons.
- 9.2 Windward and leeward marks shall be orange. Change marks shall be yellow.
- 9.3 Jibe marks shall be green.
- 9.4 Start and finish marks shall be yellow.

10. THE START

- 10.1 For "dropped mark" courses, the starting line will be between a staff displaying an orange flag on the race committee signal boat and the yellow mark on the port side of the race committee signal boat.
- 10.2 For "shore start" courses, the starting line will be defined in the course diagram.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.4 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 10.5 Race Committee may, at its own discretion, start multiple fleets simultaneously.
- 10.6 Race Committee, at its own discretion, may vary the order of the starting Sequence.

11. CHANGE TO THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

- 12.1 For “dropped mark” courses, the finishing line will be between the staff displaying an blue flag on the race committee signal boat and the nearby yellow finish mark on the starboard side of the race committee signal boat.
- 12.2 For “shore start” courses, the finish line will be defined in the course diagram.

13. PENALTY SYSTEM

- 13.1 The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.’
- 13.2 The Scoring Penalty, rule 44.3 will apply in the event that a male coach provides assistance to a boat while racing, including in an emergency. Rule 44.3 is modified as follows: (1) The boat need not fly a yellow flag, but shall immediately inform the race committee, and (2) the penalty applied under 44.3© shall be 40%.

14. TIME LIMITS

- 14.1 If no boat has passed Mark 1 within thirty (30) minutes of the start, or if no boat finishes within sixty (60) minutes of the start, the race shall be abandoned. Failure to meet the time limits will not be grounds for redress. This changes Rule 62.1(a).
- 14.2 Boats failing to finish within fifteen (15) minutes after the first boat of the fleet sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. This changes rules 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the EWYC Chart Room. Protests and requests for redress or reopening shall be delivered to the NCWSA Race Chair or her designated representative within the protest time limit.
- 15.2 For each class, the protest time limit is 60 minutes after the Race Committee boat docks following the last race of the day. The Race Committee will post the protest time limit on the official notice board.
- 15.3 Protests will be heard, if possible, before the next scheduled race day.

16. SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 Boats assigned to the “Racing Prep Fleet” fleet will not be scored.
- 16.3 Series scores will be posted on ncwsa.net by the NCWSA Scoring Committee. The Low Point scoring system described in Appendix A9 shall apply.

- 16.3.1 There shall be one throw-out for every four (4) races completed by a fleet, with a maximum of two (2) throw-outs. This changes RRS A2.
- 16.3.2 Individual boat crews, determined by lottery before the season, will be required to serve on Race Committee, thereby not participating in their fleet for that night. Each boat that does RC duty will be scored as finishing that night's race(s) based on an average of all her scores throughout the season. No scores will be awarded if no racing is held the night of the RC commitment. Boat crews not showing up for their RC commitment will be scored DNC.

17. SAFETY (CHECK-IN AND CHECK-OUT)

- 17.1 Before racing, on each race night, all boats shall check in with the race committee signal boat by sailing across her stern and hailing their sail number until acknowledged. The race committee may check in any boat sailing nearby, but is not required to do so.
- 17.2 A boat that retires from a race or decides to leave the racing area shall notify the race committee by hail or VHF channel 71 before leaving the racing area or as soon as possible thereafter.

18. COACHING

- 18.1 No more than one (1) coach, either male or female, is allowed on boats that normally sail with five (5) or fewer crew (including skipper). No more than two (2) coaches, male or female, are allowed on boats that normally sail with more than five (5) crew (including skipper). The Race Committee, in its sole discretion, whose decision is final and without appeal, shall determine the allowable number of coaches for each boat. This changes RRS 41.
- 18.2 While racing, a male coach may only provide verbal coaching and may not assist the crew physically, except in an emergency. In the event that a male coach provides assistance to a boat while racing, including in an emergency, the boat shall immediately inform the race committee and take a 40% scoring penalty. This changes RRS 44.3.
- 18.3 "Racing Prep" fleet coaches, male or female, may perform any task on the boat, including skippering. This changes RRS 41.
- 18.4 If the boat owner and skipper disagree on any issue, the owner's decision will prevail. This changes RRS 41.

19. RADIO COMMUNICATIONS

- 19.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 19.2 All communications with the Race Committee shall be on VHS channel 71.
- 19.3 Communications between the Race Committee that may be overheard by a competitor shall not be grounds for redress. This changes Rule 62.1(a).

20. PRIZES

20.1 Prizes will be given as follows: first three places in each racing fleet or division.

21. DISCLAIMER OF LIABILITY

21.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors and coaches participate in the summer series entirely at their own risk. See Rule 4, Decision to Race.

21.2 The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor or coach agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

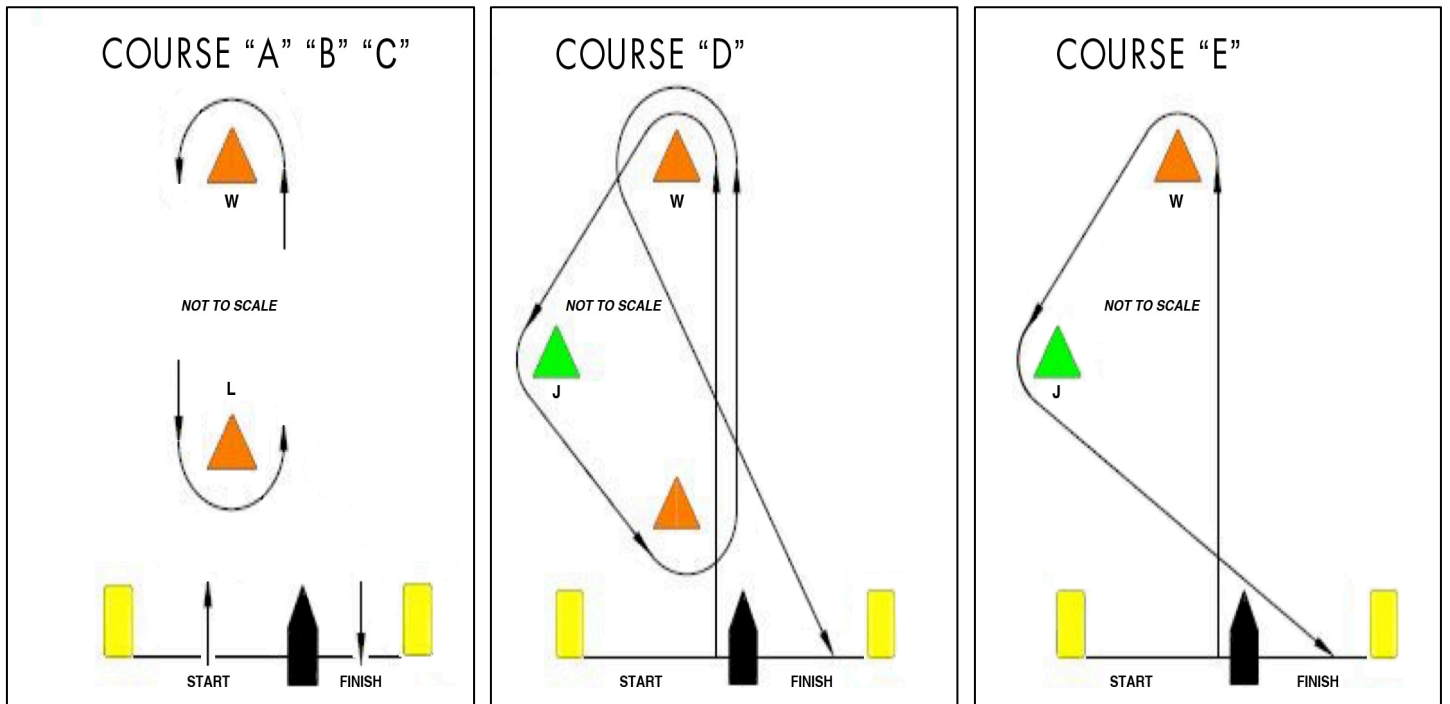
22. INSURANCE

22.1 Each participating boat shall be insured with valid third-party liability insurance as required by EWYC.

23. FURTHER INFORMATION

23.1 For further information, please visit the NCWSA website, www.ncwsa.net, or contact Cheri Morabito, Principal Race Officer, education@ncwsa.net or Jen Whelan, Race Chair, racing@ncwsa.net.

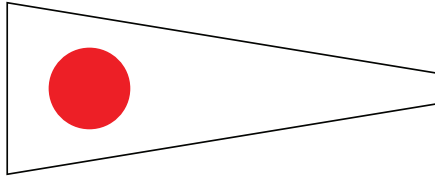
EXHIBIT “A” – Course Diagram(s)



Course	Mark Sequence
"A"	Start – W(p) – Finish
"B"	Start – W(p) – L(p) – W(p) – Finish
"C"	Start – W(p) – L(p) – W(p) – L(p) – W(p) – Finish
"D"	Start – W(p) – J(p) - L(p) – W(p) – Finish
"E"	Start – W(p) – J(p) - Finish

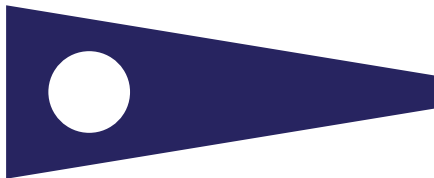
EXHIBIT “B” – Class Flags

#1



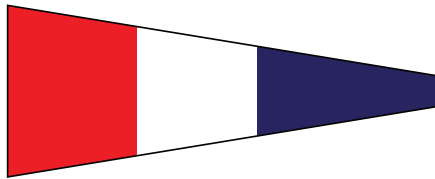
T-Ten Fleet

#2



PHRF Fleet

#3



JAM Fleet